

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 1 Dames, 4 x 200m vrije slag Dames Senioren Open
12-1-2008 Resultaten

| Rang | | In.tijd | Tijd |
|------|---|------------------------------------|--------------------------------------|
| 1. | Orca 1 Ilse Kraayeveld Esther de Boer Marloes Oldenburg Wendan Poelstra | Orca 90 89 88 91 | 8:34.06 2:14.86 8:56.09 |
| 2. | t Tolhekke 1 Saskia de Jonge Amarins Nonhebel Sanne Huisman Ilse Blankvoort | t Tolhekke 86 92 93 92 | 9:05.85 2:09.19 9:05.82 |
| 3. | DZ&PC 1 Emma v/d Laan Nicky de Wilde Geeske Wind Linda Ronda | DZ&PC 81 90 93 81 | 9:24.31 2:14.69 9:21.05 |
| 4. | de Vikings 1 Angelique Boersma Eline Ligthart Fiona van Heerde Jessie Smeding | de Vikings 80 93 94 95 | 9:32.19 2:04.71 9:38.13 |
| 5. | De Granaet 1 Jelly-Esther Tadema Rixt Zijlstra Gerbranda Beijaard Inge Zijlstra | De Granaet 88 91 90 93 | 9:37.37 2:18.25 9:45.67 |

Programmanr. 2 Meisjes, 100m schoolslag Meisjes Minioren 4,5, Junioren 1
12-1-2008 Resultaten

| Rang | | In.tijd | Tijd |
|------|--------------------|------------|-------------------------------------|
| 1. | Leandra Vedder | t Tolhekke | 1:36.64 9600866 1:29.37 |
| 2. | Desiree Vedder | t Tolhekke | 1:36.36 9600864 1:33.47 |
| 3. | Martine van Sluis | de Vikings | 1:42.09 9702888 1:33.48 |
| 4. | Cynthia Verkaik | De Granaet | 1:37.49 9601288 1:33.89 |
| 5. | Tineke Nicolai | De Granaet | 1:40.75 9603032 1:39.39 |
| 6. | Claudia Hacke | de Vikings | 1:40.83 9602936 1:39.63 |
| 7. | Evelien van Ruiten | Orca | 1:41.56 9602924 1:40.03 |
| 8. | Femke Sybesma | t Tolhekke | 1:42.76 9701468 1:40.23 |
| 9. | Rebecca Jansen | Orca | 1:44.01 9703490 1:40.42 |
| 10. | Manon Blankvoort | t Tolhekke | 1:41.86 9600454 1:43.42 |
| 11. | Esther Visser | de Vikings | 1:48.92 9700544 1:44.30 |
| 12. | Esmee Verhoef | Orca | 1:50.08 9603802 1:46.26 |
| 13. | Mare Zijlstra | DZ&PC | 1:55.64 9702700 1:47.07 FJ 1 |
| 14. | Hester Groos | DZ&PC | 1:52.51 9702734 1:47.07 FJ 2 |
| 15. | Joëlle Rozema | DZ&PC | 1:42.58 9601124 1:48.46 |
| 16. | Elsa ter Schure | t Tolhekke | 1:53.92 9701464 1:49.73 |
| 17. | Ineke Hof | t Tolhekke | 1:56.42 9800810 1:52.29 |
| 18. | Ellia Smeding | de Vikings | 1:56.09 9801540 1:52.73 |
| 19. | Wendy Bergsma | DZ&PC | 1:56.38 9701316 1:53.31 |
| 20. | Karin Limburg | t Tolhekke | 1:56.79 9701466 1:55.08 |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 3 Jongens, 50m rugslag Jongens Minioren 4,5,6
12-1-2008 Resultaten

| Rang | | In.tijd | Tijd |
|------|---------------------------------|---------|----------------------|
| 1. | Robin de Joode De Granaet | 40.73 | 9601371 37.52 |
| 2. | Marcel van der Heide de Vikings | 46.83 | 9701503 40.42 |
| 3. | Hein Jouke Wind DZ&PC | 49.14 | 9600949 42.37 |
| 4. | Daniel Borghardt Orca | 45.27 | 9700973 42.42 |
| 5. | Martijn Lageweg t Tolhekke | 44.44 | 9701323 42.61 |
| 6. | Jelmer Postma Orca | 45.88 | 9701631 42.93 |
| 7. | Aron Bouwer t Tolhekke | 46.16 | 9701385 44.77 |
| 8. | Kevin de Joode De Granaet | 54.62 | 9800371 45.54 |
| 9. | Niels Procee DZ&PC | 47.44 | 9701449 46.55 |
| 10. | Jelmer de Groot DZ&PC | 50.09 | 9701945 47.92 |
| 11. | Kevin Rozema DZ&PC | 57.37 | 9701451 48.93 |
| NG | Hidde Zijlstra Orca | 46.43 | 9700473 |

Programmanr. 4 Meisjes, 100m rugslag Meisjes Junioren 3 en later
12-1-2008 Resultaten

| Rang | | In.tijd | Tijd |
|------|-----------------------------------|---------|-----------------------------|
| 1. | Manon Kuiper t Tolhekke | 1:13.51 | 9400302 1:12.44 |
| 2. | Danielle de Boer t Tolhekke | 1:15.60 | 9404736 1:12.51 |
| 3. | Lucienne van der Linde t Tolhekke | 1:14.74 | 9503452 1:15.22 |
| 4. | Liza Salverda Orca | 1:23.16 | 9500570 1:19.35 |
| 5. | Patricia Hof t Tolhekke | 1:31.23 | 9403264 1:19.58 |
| 6. | Tineke Wind DZ&PC | 1:20.34 | 9400826 1:19.78 |
| 7. | Rianne Hartman Orca | 1:26.15 | 9501462 1:20.89 |
| 8. | Freya Holwerda Orca | 1:22.92 | 9502780 1:21.08 |
| 9. | Charine de Ruiter t Tolhekke | 1:21.48 | 9403668 1:21.28 |
| 10. | Kim Vlottes de Vikings | 1:25.91 | 9404596 1:22.91 |
| 11. | Mirthe Alkema de Vikings | 1:23.57 | 9603616 1:24.42 |
| 12. | Sanne Zijlstra DZ&PC | 1:24.41 | 9401968 1:24.87 |
| 13. | Ilse Dammer De Granaet | 1:37.22 | 9403130 1:25.29 |
| 14. | Astrid Dijkstra de Vikings | 1:28.77 | 9403662 1:25.31 FJ 1 |
| 15. | Esther Wijbenga DZ&PC | 1:28.00 | 9503584 1:25.31 FJ 2 |
| 16. | Annette van Dolder De Granaet | 1:33.65 | 9501880 1:27.13 |
| 17. | Rixt Wilbers De Granaet | 1:30.67 | 9503480 1:27.16 |
| 18. | Esmee Heidemans de Vikings | 1:30.75 | 9504806 1:28.04 |
| 19. | Corlaine Vendrig t Tolhekke | 1:30.54 | 9501798 1:28.24 |
| 20. | Anneke ter Schure t Tolhekke | 1:41.79 | 9400510 1:34.91 |
| 21. | Charissa Kalverla t Tolhekke | 1:35.78 | 9400718 1:38.92 |

Programmanr. 5 Jongens, 200m schoolslag Jongens Junioren 2 en later
12-1-2008 Resultaten

| Rang | | In.tijd | Tijd |
|------|-----------------------------|---------|------------------------|
| 1. | Bram ter Ellen de Vikings | 3:16.55 | 9402689 3:04.68 |
| 2. | John de Nijs de Vikings | NT | 9402691 3:10.79 |
| 3. | Myrdin Willemse Orca | 3:21.26 | 9500951 3:12.72 |
| 4. | Willem Kees Roos de Vikings | NT | 9402693 3:15.16 |
| 5. | Pieter Ytsma De Granaet | 3:34.28 | 9501809 3:26.57 |
| 6. | Marnick Bloem De Granaet | 3:25.74 | 9404627 3:28.32 |
| 7. | Vincent Visser de Vikings | NT | 9502197 3:30.16 |
| 8. | Lars Tongeren de Vikings | 3:49.68 | 9504255 3:31.73 |

C-compitie deel 3 "De Welle" Drachten
 Drachten, 12.1.2008

Programmanr. 5, Jongens, 200m schoolslag, Jongens Junioren 2 en later

| Rang | | | In.tijd | | Tijd |
|------|--|-------|---------|---------|----------------|
| 9. | Arno Bergsma | DZ&PC | 3:42.15 | 9501691 | 3:40.03 |
| 10. | Jeroen de Heer | DZ&PC | NT | 9504155 | 3:40.29 |
| DIS | Floris van IJsseldijk | DZ&PC | 3:52.29 | 9504153 | 3:50.03 |
| | <i>SL - Met één hand keer- en/of eindpunt aangetikt.</i> | | | | |
| NG | Jens Kuitert | Orca | NT | 9603891 | |

Programmanr. 6
 12-1-2008

Dames, 50m vlinderslag

Dames Senioren Open
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|--------------|
| 1. | Saskia de Jonge | t Tolhekke | 28.80 | 8601826 | 29.11 |
| 2. | Esther de Boer | Orca | 28.66 | 8900390 | 29.78 |
| 3. | Ilse Kraayeveld | Orca | NT | 9002110 | 29.95 |
| 4. | Emma v/d Laan | DZ&PC | 30.60 | 8101926 | 30.27 |
| 5. | Jacyntha Plat | t Tolhekke | 31.70 | 9002956 | 31.70 |
| 6. | Angelique Boersma | de Vikings | 32.54 | 8001586 | 32.32 |
| 7. | Jelly-Esther Tadema | De Granaet | 33.54 | 8804234 | 33.35 |
| 8. | Annemarie Rijkens | DZ&PC | 33.04 | 8603040 | 33.88 |
| 9. | Gerbranda Beijgaard | De Granaet | 31.92 | 9000272 | 34.28 |
| 10. | Nicky de Wilde | DZ&PC | 34.09 | 9006888 | 34.61 |
| 11. | Marjolein Tissingh | t Tolhekke | 37.13 | 8904130 | 36.80 |

Programmanr. 7
 12-1-2008

Heren, 200m schoolslag

Heren Senioren Open
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---|------------|---------|---------|----------------|
| 1. | Alan Slomp | DZ&PC | 2:33.21 | 8703071 | 2:34.96 |
| 2. | Rutger van Dijk | De Granaet | 2:34.20 | 8900695 | 2:36.29 |
| 3. | Bart v/d Hoeven | DZ&PC | 2:31.96 | 8701379 | 2:37.24 |
| 4. | Michiel Punter | Orca | 2:48.27 | 8401823 | 2:43.70 |
| 5. | Johannes de Boer | De Granaet | 2:39.11 | 8900293 | 2:46.43 |
| 6. | Micheal Westers | de Vikings | 2:57.88 | 9204263 | 2:51.54 |
| 7. | Ottomar Brussee | t Tolhekke | 3:05.25 | 9006129 | 3:05.51 |
| 8. | Mark van Damme | t Tolhekke | NT | 9100435 | 3:07.06 |
| 9. | Harmen van der Werf | de Vikings | 2:57.57 | 8402989 | 3:14.36 |
| 10. | Lars Erik Beute | t Tolhekke | 3:03.41 | 8600227 | 3:18.58 |
| 11. | Roland Braad | t Tolhekke | 3:24.80 | 8700439 | 3:22.79 |
| 12. | Berné Beute | t Tolhekke | 3:22.56 | 9100135 | 3:30.33 |
| 13. | Robert Tissingh | t Tolhekke | 3:17.02 | 8502605 | 3:33.53 |
| DIS | Frank Balk | Orca | NT | 8600115 | 2:47.64 |
| | <i>SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | | | | |
| DIS | Dennis Van Damme | t Tolhekke | NT | 8700641 | 3:01.30 |
| | <i>SL - Met één hand keer- en/of eindpunt aangetikt.</i> | | | | |
| NG | Joël Bijlsma | de Vikings | 3:02.51 | 8500209 | |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 8 Meisjes, 100m vrije slag Meisjes Jeugd 2 en later
12-1-2008 Resultaten

| Rang | | In.tijd | | Tijd |
|------|---------------------|------------|-----------------|---------------------|
| 1. | Sanne Huisman | t Tolhekke | 1:00.82 9301998 | 1:02.97 |
| 2. | Amarins Nonhebel | t Tolhekke | 1:03.33 9203724 | 1:03.39 |
| 3. | Fiona van Heerde | de Vikings | 1:03.20 9403660 | 1:03.42 |
| 4. | Ilse Blankvoort | t Tolhekke | 1:03.51 9204458 | 1:05.90 |
| 5. | Joyce Durken | Orca | 1:08.93 9205938 | 1:06.81 |
| 6. | Geeske Wind | DZ&PC | 1:06.66 9300980 | 1:07.57 |
| 7. | Inge Zijlstra | De Granaet | 1:05.33 9301736 | 1:08.73 FJ 1 |
| 8. | Sjoukje Karsten | DZ&PC | 1:08.57 9202452 | 1:08.73 FJ 2 |
| 9. | Marissa Lindemulder | De Granaet | 1:09.21 9306392 | 1:09.58 |
| 10. | Amarens Gaikema | DZ&PC | 1:11.09 9203528 | 1:11.46 |
| 11. | Rixt Baarsma | Orca | 1:10.58 9306274 | 1:12.49 FJ 1 |
| 12. | Emma van Iperen | Orca | 1:12.56 9305100 | 1:12.49 FJ 2 |
| 13. | Merel Weysenfeld | de Vikings | 1:11.03 9404110 | 1:13.70 |
| 14. | Fenna Meijer | Orca | 1:14.75 9302792 | 1:16.00 |
| NG | Soraya Visser | De Granaet | 1:13.33 9302732 | |

Programmanr. 10 Jongens, 200m wisselslag Jongens Junioren 4 en later
12-1-2008 Resultaten

| Rang | | In.tijd | | Tijd |
|------|------------------|------------|-----------------|----------------|
| 1. | Jorke Willemse | Orca | 2:19.60 9301977 | 2:17.16 |
| 2. | Thomas Veltman | De Granaet | 2:25.83 9201355 | 2:23.82 |
| 3. | Jappie Jongma | De Granaet | 2:25.71 9204249 | 2:27.99 |
| 4. | Sven Alkema | de Vikings | 2:30.20 9303083 | 2:30.35 |
| 5. | Erik de Nijs | de Vikings | 2:35.50 9204259 | 2:38.37 |
| 6. | Mike Koelewijn | t Tolhekke | 2:43.53 9303597 | 2:39.62 |
| 7. | Rycklef Epema | DZ&PC | 2:42.05 9202787 | 2:45.57 |
| 8. | Tom Vermeeren | Orca | 2:44.02 9202431 | 2:46.21 |
| 9. | Pieter Groos | DZ&PC | 2:46.05 9304907 | 2:48.24 |
| 10. | Joris Lettinga | Orca | 3:02.10 9206675 | 2:49.34 |
| 11. | Jasper Kaat | Orca | 2:57.86 9300701 | 2:50.32 |
| 12. | Brian List | de Vikings | 3:07.44 9306443 | 3:01.35 |
| 13. | Aaldert Been | t Tolhekke | 3:13.67 9403001 | 3:06.88 |
| DIS | Henk-Jan Verkaik | De Granaet | 2:46.45 9305447 | 2:50.29 |

RH - Het eindpunt niet in rugligging aangeraakt.

Programmanr. 11 Dames, 200m wisselslag Dames Senioren 2 en later
12-1-2008 Resultaten

| Rang | | In.tijd | | Tijd |
|------|----------------------|------------|-----------------|----------------|
| 1. | Wendan Poelstra | Orca | NT 9102496 | 2:27.07 |
| 2. | Femke Leenstra | Orca | 2:41.41 9503038 | 2:41.54 |
| 3. | Lisette van der Vegt | t Tolhekke | 2:41.14 9104374 | 2:43.27 |
| 4. | Nynke Gaikema | DZ&PC | 2:45.23 9004636 | 2:47.53 |
| 5. | Maaïke Karsten | DZ&PC | 2:44.68 9103832 | 2:47.99 |
| 6. | Jessie Smeding | de Vikings | 2:53.53 9504528 | 2:50.00 |
| 7. | Eva Roorda | DZ&PC | 2:57.83 9204460 | 2:53.21 |
| 8. | Kimberley Visser | De Granaet | 2:53.02 9202568 | 2:53.95 |
| 9. | Fransiska Beijgaard | De Granaet | 2:48.10 9104020 | 2:54.60 |
| 10. | Eline Ligthart | de Vikings | 2:58.43 9301706 | 2:56.13 |
| 11. | Lisanne Verhoef | Orca | 3:00.39 9107596 | 2:57.05 |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 11, Dames, 200m wisselslag, Dames Senioren 2 en later

| Rang | | | In.tijd | | Tijd |
|------|-----------------|------------|---------|---------|----------------|
| 12. | Lonneke Oenema | Orca | 2:58.09 | 9102314 | 3:09.27 |
| 13. | Sharon Kalverla | t Tolhekke | 3:13.45 | 9104924 | 3:15.59 |

Programmanr. 13
12-1-2008

Jongens, 100m vlinderslag

Jongens Jeugd 2 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|------------|---------|---------|----------------|
| 1. | Vincent van Iperen | Orca | 1:02.74 | 9106179 | 1:02.58 |
| 2. | Rudie Kirkenier | DZ&PC | 1:13.27 | 9001537 | 1:09.10 |
| 3. | Kevin Visser | de Vikings | 1:14.43 | 9006239 | 1:10.24 |
| 4. | Gijs Gertsen | de Vikings | 1:14.53 | 9303485 | 1:11.28 |
| 5. | Daniel Pedro | Orca | 1:38.91 | 9107027 | 1:15.98 |
| 6. | Jitze Andringa | De Granaet | 1:12.19 | 9006783 | 1:18.15 |
| 7. | Marwin Iedema | DZ&PC | 1:20.13 | 9202783 | 1:19.46 |
| 8. | Marlon Jansen | Orca | NT | 9103617 | 1:19.85 |
| 9. | Symen de Jong | De Granaet | 1:21.23 | 9106979 | 1:20.58 |

Programmanr. 14
12-1-2008

Dames, 200m rugslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|----------------|
| 1. | Ilse Kraayeveld | Orca | NT | 9002110 | 2:26.86 |
| 2. | Jacyntha Plat | t Tolhekke | 2:32.36 | 9002956 | 2:33.42 |
| 3. | Emma v/d Laan | DZ&PC | 2:38.16 | 8101926 | 2:35.89 |
| 4. | Esther de Boer | Orca | NT | 8900390 | 2:36.96 |
| 5. | Rixt Zijlstra | De Granaet | 2:38.22 | 9103642 | 2:38.07 |
| 6. | Gerbranda Beijgaard | De Granaet | 2:33.22 | 9000272 | 2:40.47 |
| 7. | Angelique Boersma | de Vikings | 2:52.75 | 8001586 | 2:46.59 |
| 8. | Nicky de Wilde | DZ&PC | 2:40.50 | 9006888 | 2:49.73 |
| 9. | Marjolein Tissingh | t Tolhekke | 2:55.80 | 8904130 | 2:55.26 |
| 10. | Nickey Jansen | t Tolhekke | 3:15.88 | 9101436 | 3:13.73 |

Programmanr. 15
12-1-2008

Heren, 100m vrije slag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|----------------|
| 1. | Michiel Punter | Orca | 54.15 | 8401823 | 53.58 |
| 2. | Sietse v/d Hoeven | DZ&PC | 55.21 | 8901281 | 55.31 |
| 3. | Alan Slomp | DZ&PC | 57.89 | 8703071 | 58.19 |
| 4. | Frank Balk | Orca | 1:04.00 | 8600115 | 58.33 |
| 5. | Jan Heine Sloot | DZ&PC | 57.73 | 8803143 | 58.55 |
| 6. | Micheal Westers | de Vikings | 58.62 | 9204263 | 59.07 |
| 7. | Johannes de Boer | De Granaet | NT | 8900293 | 1:00.20 |
| 8. | Sjors Hemmen | De Granaet | 58.68 | 8901191 | 1:00.47 |
| 9. | Rian Beute | t Tolhekke | 1:00.65 | 8400133 | 1:01.46 |
| 10. | Harmen van der Werf | de Vikings | 58.90 | 8402989 | 1:03.06 |
| 11. | Lars Erik Beute | t Tolhekke | 1:04.92 | 8600227 | 1:05.64 |
| 12. | Roland Braad | t Tolhekke | 1:03.26 | 8700439 | 1:06.76 |
| 13. | Dennis Van Damme | t Tolhekke | 1:05.57 | 8700641 | 1:07.99 |
| 14. | Mark van Damme | t Tolhekke | 1:07.19 | 9100435 | 1:08.56 |
| 15. | Berné Beute | t Tolhekke | 1:06.45 | 9100135 | 1:09.52 |
| 16. | Ottomar Brussee | t Tolhekke | 1:12.16 | 9006129 | 1:12.55 |

C-compitie deel 3 "De Welle" Drachten
 Drachten, 12.1.2008

Programmanr. 15, Heren, 100m vrije slag, Heren Senioren Open

| Rang | | | In.tijd | | Tijd |
|------|-----------------|------------|---------|---------|----------------|
| 17. | Robert Tissingh | t Tolhekke | 1:13.48 | 8502605 | 1:16.64 |
| NG | Joël Bijlsma | de Vikings | 1:01.98 | 8500209 | |
| NG | Marlon Jansen | Orca | 1:04.60 | 9103617 | |

Programmanr. 16
 12-1-2008

Meisjes, 50m rugslag

Meisjes Minioren 4,5, Junioren 1
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|------------|---------|---------|--------------|
| 1. | Evelien van Ruiten | Orca | 40.29 | 9602924 | 38.49 |
| 2. | Claudia Hacke | de Vikings | 44.14 | 9602936 | 39.64 |
| 3. | Cynthia Verkaik | De Granaet | 41.05 | 9601288 | 39.93 |
| 4. | Manon Blankvoort | t Tolhekke | 49.74 | 9600454 | 40.10 |
| 5. | Desiree Vedder | t Tolhekke | 39.58 | 9600864 | 40.76 |
| 6. | Leandra Vedder | t Tolhekke | 42.07 | 9600866 | 41.28 |
| 7. | Esmee Verhoef | Orca | 43.18 | 9603802 | 41.80 |
| 8. | Hester Groos | DZ&PC | 47.65 | 9702734 | 42.00 |
| 9. | Joëlle Rozema | DZ&PC | 42.55 | 9601124 | 42.69 |
| 10. | Rebecca Jansen | Orca | 48.24 | 9703490 | 42.84 |
| 11. | Esther Visser | de Vikings | 51.65 | 9700544 | 42.88 |
| 12. | Elsa ter Schure | t Tolhekke | 48.54 | 9701464 | 43.16 |
| 13. | Martine van Sluis | de Vikings | 55.02 | 9702888 | 44.46 |
| 14. | Tineke Nicolai | De Granaet | 45.93 | 9603032 | 44.47 |
| 15. | Wendy Bergsma | DZ&PC | 46.97 | 9701316 | 45.51 |
| 16. | Ineke Hof | t Tolhekke | 47.37 | 9800810 | 48.77 |
| 17. | Femke Sybesma | t Tolhekke | 47.54 | 9701468 | 48.91 |
| 18. | Karin Limburg | t Tolhekke | 50.29 | 9701466 | 49.02 |
| 19. | Mare Zijlstra | DZ&PC | 51.06 | 9702700 | 49.40 |
| 20. | Ellia Smeding | de Vikings | 49.29 | 9801540 | 51.32 |

Programmanr. 17
 12-1-2008

Jongens, 100m schoolslag

Jongens Minioren 4,5,6
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---|------------|---------|---------|----------------|
| 1. | Robin de Joode | De Granaet | 1:36.33 | 9601371 | 1:30.26 |
| 2. | Hein Jouke Wind | DZ&PC | 1:51.35 | 9600949 | 1:49.00 |
| 3. | Jelmer Postma | Orca | 1:51.23 | 9701631 | 1:49.11 |
| 4. | Daniel Borghardt | Orca | 1:51.70 | 9700973 | 1:49.43 |
| 5. | Kevin Rozema | DZ&PC | 1:55.74 | 9701451 | 1:50.00 |
| 6. | Aron Bouwer | t Tolhekke | 1:54.15 | 9701385 | 1:53.06 |
| 7. | Martijn Lageweg | t Tolhekke | 1:50.48 | 9701323 | 1:54.32 |
| 8. | Kevin de Joode | De Granaet | 2:05.54 | 9800371 | 1:56.41 |
| 9. | Niels Procee | DZ&PC | 1:58.37 | 9701449 | 1:59.78 |
| DIS | Marcel van der Heide | de Vikings | 1:37.08 | 9701503 | |
| | <i>AA - Te vroeg weg of bewogen bij start.</i> | | | | |
| DIS | Jelmer de Groot | DZ&PC | 1:55.74 | 9701945 | |
| | <i>AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).</i> | | | | |
| NG | Hidde Zijlstra | Orca | 1:50.51 | 9700473 | |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 18 Meisjes, 200m schoolslag Meisjes Junioren 3 en later
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---|------------|---------|---------|----------------|
| 1. | Danielle de Boer | t Tolhekke | 2:58.39 | 9404736 | 2:55.42 |
| 2. | Liza Salverda | Orca | 2:59.42 | 9500570 | 2:55.97 |
| 3. | Ilse Dammer | De Granaet | 3:21.48 | 9403130 | 3:14.66 |
| 4. | Astrid Dijkstra | de Vikings | 3:17.18 | 9403662 | 3:14.92 |
| 5. | Esther Wijbenga | DZ&PC | 3:30.40 | 9503584 | 3:16.04 |
| 6. | Rianne Hartman | Orca | NT | 9501462 | 3:16.12 |
| 7. | Sanne Zijlstra | DZ&PC | 3:14.79 | 9401968 | 3:16.35 |
| 8. | Mirthe Alkema | de Vikings | NT | 9603616 | 3:18.92 |
| 9. | Rixt Wilbers | De Granaet | 3:26.36 | 9503480 | 3:19.23 |
| 10. | Manon Kuiper | t Tolhekke | 3:29.23 | 9400302 | 3:20.47 |
| 11. | Tineke Wind | DZ&PC | 3:25.76 | 9400826 | 3:20.74 |
| 12. | Freya Holwerda | Orca | NT | 9502780 | 3:21.88 |
| 13. | Luciënne van der Linde | t Tolhekke | NT | 9503452 | 3:22.64 |
| 14. | Annette van Dolder | De Granaet | 3:38.31 | 9501880 | 3:29.35 |
| 15. | Kim Vlottes | de Vikings | NT | 9404596 | 3:30.35 |
| 16. | Patricia Hof | t Tolhekke | 3:48.19 | 9403264 | 3:36.82 |
| 17. | Anneke ter Schure | t Tolhekke | 3:35.73 | 9400510 | 3:38.86 |
| 18. | Charissa Kalverla | t Tolhekke | 3:56.32 | 9400718 | 3:42.54 |
| DIS | Corlaine Vendrig | t Tolhekke | 3:39.13 | 9501798 | 3:38.48 |
| | <i>SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | | | | |
| NG | Esmee Heidemans | de Vikings | NT | 9504806 | |

Programmanr. 19 Jongens, 100m rugslag Jongens Junioren 2 en later
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|------------|---------|---------|----------------|
| 1. | Willem Kees Roos | de Vikings | 1:11.44 | 9402693 | 1:06.45 |
| 2. | Bram ter Ellen | de Vikings | 1:26.97 | 9402689 | 1:20.67 |
| 3. | Myrdin Willemse | Orca | 1:20.23 | 9500951 | 1:21.15 |
| 4. | Pieter Ytsma | De Granaet | 1:28.73 | 9501809 | 1:22.72 |
| 5. | Vincent Visser | de Vikings | 1:23.19 | 9502197 | 1:23.09 |
| 6. | John de Nijs | de Vikings | 1:25.13 | 9402691 | 1:24.38 |
| 7. | Marnick Bloem | De Granaet | 1:46.25 | 9404627 | 1:27.83 |
| 8. | Lars Tongeren | de Vikings | 1:28.60 | 9504255 | 1:28.39 |
| 9. | Floris van IJsseldijk | DZ&PC | 1:27.41 | 9504153 | 1:28.54 |
| 10. | Arno Bergsma | DZ&PC | 1:35.05 | 9501691 | 1:29.16 |
| 11. | Jeroen de Heer | DZ&PC | 1:38.23 | 9504155 | 1:36.29 |
| NG | Jens Kuitert | Orca | NT | 9603891 | |

Programmanr. 20 Dames, 100m vrije slag Dames Senioren Open
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|----------------|
| 1. | Saskia de Jonge | t Tolhekke | 55.30 | 8601826 | 56.98 |
| 2. | Ilse Kraayeveld | Orca | NT | 9002110 | 57.29 |
| 3. | Esther de Boer | Orca | 57.61 | 8900390 | 1:00.31 |
| 4. | Angelique Boersma | de Vikings | 1:01.97 | 8001586 | 1:02.36 |
| 5. | Linda Ronda | DZ&PC | 1:08.42 | 8101260 | 1:02.66 |
| 6. | Jacyntha Plat | t Tolhekke | 1:01.64 | 9002956 | 1:04.84 |
| 7. | Rixt Zijlstra | De Granaet | 1:05.39 | 9103642 | 1:05.75 |
| 8. | Jelly-Esther Tadema | De Granaet | 1:05.55 | 8804234 | 1:07.45 |

C-compitie deel 3 "De Welle" Drachten
 Drachten, 12.1.2008

Programmanr. 20, Dames, 100m vrije slag, Dames Senioren Open

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|---------------------|
| 9. | Nicky de Wilde | DZ&PC | 1:02.88 | 9006888 | 1:07.57 |
| 10. | Gerbranda Beijgaard | De Granaet | 1:04.49 | 9000272 | 1:09.06 FJ 1 |
| 11. | Annemarie Rijkens | DZ&PC | 1:04.76 | 8603040 | 1:09.06 FJ 2 |
| 12. | Marjolein Tissingh | t Tolhekke | 1:11.64 | 8904130 | 1:11.10 |
| 13. | Nickey Jansen | t Tolhekke | 1:20.31 | 9101436 | 1:22.43 |

Programmanr. 21
 12-1-2008

Heren, 50m vlinderslag

Heren Senioren Open
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|--------------|
| 1. | Michiel Punter | Orca | 26.42 | 8401823 | 26.80 |
| 2. | Sjors Hemmen | De Granaet | 31.72 | 8901191 | 29.92 |
| 3. | Sietse v/d Hoeven | DZ&PC | 31.08 | 8901281 | 30.25 |
| 4. | Frank Balk | Orca | 28.68 | 8600115 | 30.28 |
| 5. | Rian Beute | t Tolhekke | 30.82 | 8400133 | 30.36 |
| 6. | Jan Heine Sloot | DZ&PC | 29.68 | 8803143 | 30.54 |
| 7. | Alan Slomp | DZ&PC | 31.54 | 8703071 | 31.11 |
| 8. | Rutger van Dijk | De Granaet | NT | 8900695 | 31.60 |
| 9. | Harmen van der Werf | de Vikings | 30.97 | 8402989 | 32.32 |
| 10. | Dennis Van Damme | t Tolhekke | 34.06 | 8700641 | 33.06 |
| 11. | Roland Braad | t Tolhekke | 35.24 | 8700439 | 34.45 |
| 12. | Micheal Westers | de Vikings | 34.99 | 9204263 | 35.38 |
| 13. | Ottomar Brussee | t Tolhekke | 35.23 | 9006129 | 36.26 |
| 14. | Robert Tissingh | t Tolhekke | 37.18 | 8502605 | 36.81 |
| NG | Joël Bijlsma | de Vikings | 32.54 | 8500209 | |

Programmanr. 23
 12-1-2008

Meisjes, 200m wisselslag

Meisjes Jeugd 2 en later
 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|---------------------|
| 1. | Sanne Huisman | t Tolhekke | 2:38.36 | 9301998 | 2:36.07 |
| 2. | Fiona van Heerde | de Vikings | 2:41.40 | 9403660 | 2:41.87 |
| 3. | Ilse Blankvoort | t Tolhekke | 2:50.69 | 9204458 | 2:42.05 FJ 1 |
| 4. | Joyce Durken | Orca | 2:42.22 | 9205938 | 2:42.05 FJ 2 |
| 5. | Amarins Nonhebel | t Tolhekke | 2:55.73 | 9203724 | 2:49.22 |
| 6. | Geeske Wind | DZ&PC | 2:48.05 | 9300980 | 2:50.20 |
| 7. | Sjoukje Karsten | DZ&PC | 2:49.85 | 9202452 | 2:50.70 |
| 8. | Inge Zijlstra | De Granaet | 2:49.45 | 9301736 | 2:52.30 |
| 9. | Marissa Lindemulder | De Granaet | 2:55.43 | 9306392 | 2:54.57 |
| 10. | Amarens Gaikema | DZ&PC | 2:53.18 | 9203528 | 2:57.03 |
| 11. | Rixt Baarsma | Orca | 3:03.94 | 9306274 | 3:00.24 |
| 12. | Merel Weysenfeld | de Vikings | 3:00.58 | 9404110 | 3:00.53 |
| 13. | Emma van Iperen | Orca | 2:57.20 | 9305100 | 3:01.00 |
| 14. | Fenna Meijer | Orca | 3:06.29 | 9302792 | 3:09.03 |
| NG | Soraya Visser | De Granaet | 3:04.61 | 9302732 | |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 28 Dames, 200m schoolslag Dames Senioren Open
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|----------------|
| 1. | Emma v/d Laan | DZ&PC | 2:45.68 | 8101926 | 2:48.16 |
| 2. | Ilse Kraayeveld | Orca | NT | 9002110 | 2:55.46 |
| 3. | Jacyntha Plat | t Tolhekke | 2:51.34 | 9002956 | 3:01.16 |
| 4. | Esther de Boer | Orca | NT | 8900390 | 3:01.86 |
| 5. | Angelique Boersma | de Vikings | 3:00.43 | 8001586 | 3:04.26 |
| 6. | Linda Ronda | DZ&PC | 2:55.23 | 8101260 | 3:08.22 |
| 7. | Jelly-Esther Tadema | De Granaet | 3:05.81 | 8804234 | 3:10.86 |
| 8. | Rixt Zijlstra | De Granaet | 3:09.06 | 9103642 | 3:10.92 |
| 9. | Marjolein Tissingh | t Tolhekke | NT | 8904130 | 3:25.15 |
| DIS | Nickey Jansen | t Tolhekke | NT | 9101436 | 3:40.81 |

SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

Programmanr. 29 Heren, 200m rugslag Heren Senioren Open
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------|----------------|
| 1. | Michiel Punter | Orca | 2:15.69 | 8401823 | 2:15.95 |
| 2. | Sietse v/d Hoeven | DZ&PC | 2:22.68 | 8901281 | 2:19.34 |
| 3. | Bart v/d Hoeven | DZ&PC | 2:22.29 | 8701379 | 2:27.07 |
| 4. | Johannes de Boer | De Granaet | 2:20.80 | 8900293 | 2:30.34 |
| 5. | Rutger van Dijk | De Granaet | 2:31.78 | 8900695 | 2:30.49 |
| 6. | Frank Balk | Orca | 2:20.00 | 8600115 | 2:32.17 |
| 7. | Micheal Westers | de Vikings | NT | 9204263 | 2:37.29 |
| 8. | Harmen van der Werf | de Vikings | 2:25.64 | 8402989 | 2:37.60 |
| 9. | Rian Beute | t Tolhekke | 2:40.42 | 8400133 | 2:40.36 |
| 10. | Roland Braad | t Tolhekke | 2:51.86 | 8700439 | 2:51.39 |
| 11. | Lars Erik Beute | t Tolhekke | 2:50.30 | 8600227 | 2:55.31 |
| 12. | Dennis Van Damme | t Tolhekke | NT | 8700641 | 2:58.15 |
| 13. | Berné Beute | t Tolhekke | 2:55.50 | 9100135 | 3:06.46 |
| DIS | Mark van Damme | t Tolhekke | NT | 9100435 | 3:08.64 |

RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.

| | | | | |
|----|------------------|------------|---------|---------|
| NG | Marco Kraayeveld | De Granaet | 2:29.37 | 8801997 |
| NG | Marlon Jansen | Orca | 2:44.98 | 9103617 |

Programmanr. 31 Meisjes, 4 x 50m vrije slag Meisjes Junioren 3 en later
12-1-2008 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|------------|---------|---------------------------|----------------|
| 1. | de Vikings 2 | de Vikings | 2:08.03 | | 2:03.24 |
| | Fiona van Heerde 94 | 29.59 | | Kim Vlottes 94 | |
| | Merel Weysenfeld 94 | | | Jessie Smeding 95 | |
| 2. | Orca 1 | Orca | 2:08.62 | | 2:03.46 |
| | Liza Salverda 95 | 31.99 | | Evelien van Ruiten 96 | |
| | Freya Holwerda 95 | | | Femke Leenstra 95 | |
| 3. | t Tolhekke 1 | t Tolhekke | 2:07.92 | | 2:03.70 |
| | Danielle de Boer 94 | 31.54 | | Charine de Ruiter 94 | |
| | Manon Kuiper 94 | | | Lucienne van der Linde 95 | |
| 4. | De Granaet 1 | De Granaet | 2:16.19 | | 2:12.56 |
| | Cynthia Verkaik 96 | 32.03 | | Ilse Dammer 94 | |
| | Rixt Wilbers 95 | | | Annette van Dolder 95 | |

C-compitie deel 3 "De Welle" Drachten
Drachten, 12.1.2008

Programmanr. 31, Meisjes, 4 x 50m vrije slag, Meisjes Junioren 3 en later

| Rang | | | | In.tijd | Tijd |
|------|----------------|-------|-------|-----------------|----------------|
| 5. | DZ&PC 2 | DZ&PC | | 2:19.74 | 2:15.46 |
| | Tineke Wind | 94 | 31.59 | Esther Wijbenga | 95 |
| | Sanne Zijlstra | 94 | | Joëlle Rozema | 96 |

Programmanr. 32
12-1-2008

Jongens, 4 x 100m wisselslag

Jongens Junioren 4 en later
Resultaten

| Rang | | | | In.tijd | Tijd |
|------|------------------|------------|---------|-----------------------|----------------|
| 1. | de Vikings 3 | de Vikings | | 4:37.69 | 4:34.36 |
| | Sven Alkema | 93 | 1:04.51 | Gijs Gertsen | 93 |
| | Erik de Nijs | 92 | | Micheal Westers | 92 |
| 2. | De Granaet 1 | De Granaet | | 4:47.40 | 4:41.80 |
| | Henk-Jan Verkaik | 93 | 1:17.59 | Thomas Veltman | 92 |
| | Jappie Jongsma | 92 | | Robin de Joode | 96 |
| 3. | Orca 1 | Orca | | 4:55.23 | 4:56.78 |
| | Joris Lettinga | 92 | 1:16.04 | Jorke Willemse | 93 |
| | Tom Vermeeren | 92 | | Myrdin Willemse | 95 |
| 4. | DZ&PC 1 | DZ&PC | | 5:17.49 | 5:26.46 |
| | Rycklef Epema | 92 | 1:17.59 | Marwin Iedema | 92 |
| | Pieter Groos | 93 | | Floris van IJsseldijk | 95 |